

Smile at the others you pass on your way!



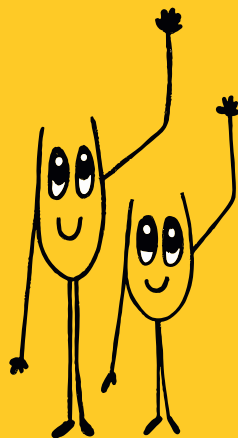
A smile is a gift
however fleeting or swift.
It comes from within
and travels with might,
from the lips to the eyes and
down out of sight
through the heart to the soul;
bestowing within a gratifying glow.

The message so pure
no one can ignore.
The pleasure immense
offering all recompense.
It does not distinguish
between self and the rest;
it is made to be shared
for worst or for best.

The heaviest hearts can be lifted up high,
a sparkle restored to the teary eye.
A slight curve of the lips,
or a wide open grin;
every one shared fills the heart to the brim.
Euphoric, contagious, empathic, energising;
the power of a smile
is wholly inspiring.

So, share with a friend
or those you don't know.
Give with abandon
to every companion.
Spread if you would
the feeling that's good.
Raise up the tempo,
let cheer win the day.

Smile at the others you pass on your way!



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